


Home Health Therapy Documentation

Nebraska Home Care Association
Presenter: Sandy Decker RN BSN
CGS Administrators, LLC
January 26, 2018



Home Health Coverage Resources

CMS “Medicare Benefit Policy Manual” (CMS Pub. 100-02)
Chapter 7; Home Health

- <http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf>

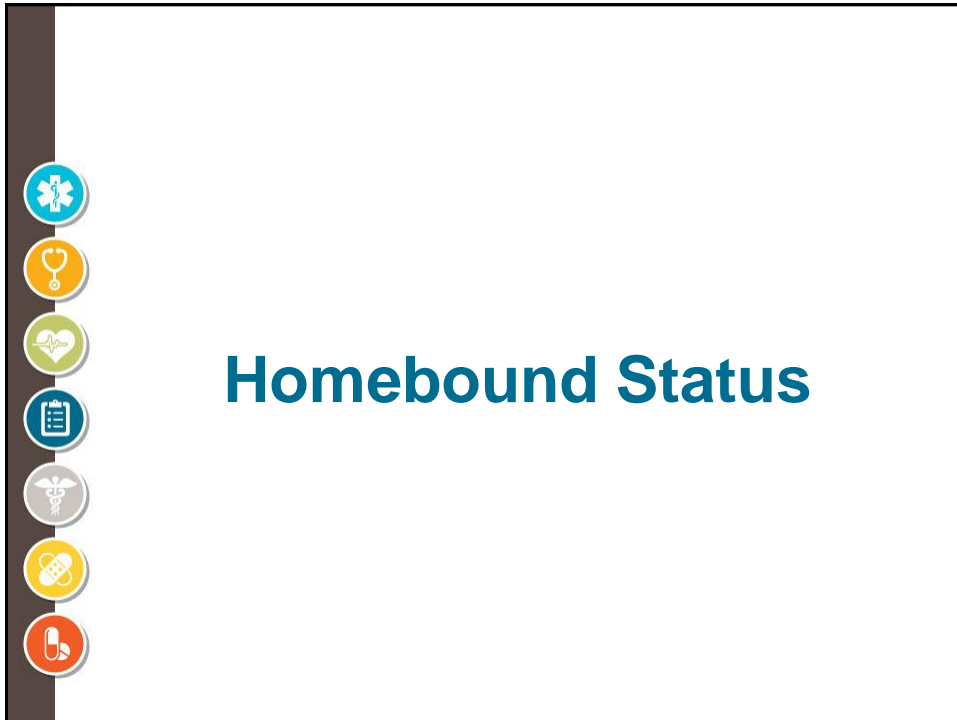
Medicare Benefit Policy Manual Chapter 7 - Home Health Services

Table of Contents
(Rev. 208, 05-11-15)

[Transmittals for Chapter 7](#)

10. Home Health Prospective Payment System (HHDDS)

2 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.



Homebound Status

CGS Homebound Web page

http://www.cgsmedicare.com/hhh/coverage/HH_Coverage_Guidelines/1C.html

Homebound

Medicare Benefit Policy Manual (CMS Pub. 100-02, Ch. 7 §30.1, §30.1.1) [PDF](#)

One of Medicare's qualifying criteria for home health care is that the beneficiary is homebound and that the physician certifies that he or she believes the beneficiary is homebound. The beneficiary shall be considered homebound if the following two criteria are met.

Criteria-One:

The beneficiary must either:

- Because of illness or injury, need the aid of supportive devices such as crutches, canes, wheelchairs, and walkers; the use of special transportation; or the assistance of another person in order to leave their place of residence
- OR
- Have a condition such that leaving his or her home is medically contraindicated.

Criteria-Two:

- There must exist a normal inability to leave home;
- AND
- Leaving home must require a considerable and taxing effort.

Absences from the home for health care treatment (including adult day care) or religious services are allowed, and do not negate the beneficiary's homebound status. For examples of homebound status, refer to the *Medicare Benefit Policy Manual* (CMS Pub. 100-02, Ch. 7, §30.1.1) [PDF](#)

- Place of Residence — Medicare Benefit Policy Manual (CMS Pub. 100-02, Ch. 7 §30.1.2) [PDF](#)
- Cognitive or Psychiatric Conditions
- Documentation of Homebound Status

4 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

Homebound Status

<http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/Downloads/MM8444.pdf>



5

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Homebound Status

MLN Matters article MM8444 (from prior page)

- Clarifies **definition** of patient being “confined to home”
- Reflects definition in Social Security Act (Section 1835(a))
- **Removes vague terms** to ensure clear and specific definition
- **Not** a change in homebound definition

6

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Homebound Status



Two criteria are used to determine homebound status



Criteria-One:



The patient must **either**:



- Because of illness or injury, need the aid of supportive devices such as crutches, canes, wheelchairs, and walkers; the use of special transportation; or the assistance of another person in order to leave their place of residence.



OR



- Have a condition such that leaving his or her home is medically contraindicated.

7

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Homebound Status



Two criteria are used to determine homebound status (continued)



Criteria-Two:



- There must exist a normal inability to leave home



AND



- Leaving home must require a considerable and taxing effort

8

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Homebound Status



The patient may be considered homebound (confined to the home) if absences from the home are:

- infrequent
- for periods of relatively short duration
- for the need to receive health care treatment
- for religious services
- to attend adult daycare programs
- for other unique or infrequent events
- the patient may have more than one home
 - vacation home, home of caregiver, seasonal home

Homebound Status



- Documentation must support **homebound status** throughout
- Beware of vague descriptions:
 - “taxing effort”, “unable to leave home”
- Utilize **objective, measurable language**

Homebound Status



Examples of **good documentation to support homebound status**:

- “After ambulating 20 feet, patient has increased dyspnea and complains of severe lower back pain. Must sit for 4 minutes before able to continue.”
- “Patient has unsteady gait, and must sit to rest for 7 minutes after 10 feet of ambulation due to uncontrolled vertigo.”

Medical Necessity



Medical Necessity

http://www.cgsmedicare.com/hhh/coverage/HH_Coverage_Guidelines/1E.html

Medically Necessary and Reasonable

Medicare Benefit Policy Manual (CMS Pub. 100-02, Ch. 7 §20.1) PDF

All services billed to Medicare must meet the criteria of "medically necessary and reasonable." To determine whether a service is reasonable and necessary, the Medicare home health benefit considers each beneficiary's unique medical condition. The medical record documentation, including the Plan of Care and OASIS, provide the basis for this determination. Coverage decisions are always based upon the objective clinical evidence of the beneficiary's individual need for care.

- It is the home health agency's responsibility to provide clear documentation of the medical necessity and reasonableness. This includes: progress or lack of progress, medical condition, functional losses, and treatment goals.
- The length of time services will be covered is generally determined by the beneficiary's needs.

Impact of Caregivers on Medical Necessity

National and Local Coverage Determinations

Documenting Medical Necessity

13 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

Medical Necessity

Full denials **OR**

Partial denials, may result in Low Utilization Payment Adjustment (LUPA) or therapy downcodes

14 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Medical Necessity



All services must be reasonable and medically necessary
related to the patient's condition.

- Observation and assessment
- Teaching
- Therapy

Medical Necessity



Does the documentation clearly answer “why home health
and why now?”

Reminder: Good documentation should address:

- Objective clinical evidence of patient's individual need for care
- Progress or lack of progress
- Medical condition
- Functional losses
- Treatment goals
- Discharge planning

Medical Necessity



Covers all disciplines

- Nursing
- Physical therapy
- Occupational therapy
- Speech-language pathology

17

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Medical Necessity - “Do’s”



Identify skilled service, and **reason** skilled service is necessary for beneficiary in objective terms

Examples of **good documentation to support medical necessity**:

- “Wound care completed per POC to left great toe. No s/s of infection, but patient remains at risk due to diabetic status.”
- “Range of motion (ROM) is tolerated to lower extremities. Unsafe to teach caregiver ROM due to patient’s displaced fracture.”

18

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Medical Necessity – “Do’s”



Demonstrate **medical necessity** of skilled observation and assessment by documenting complexity of beneficiary's condition and co-morbidities affecting outcomes.

Examples of **good documentation**:

- “Lungs sound coarse throughout. Patient finished antibiotic therapy today for pneumonia, and seeing pulmonologist tomorrow for follow up to due to COPD and emphysema.”
- “Patient able to ascend 5 steps with stand by assistance. Relies heavily upon assistance and railing. Shows fear and is anxious by need for constant reassurance and unwillingness to go further.”

Medical Necessity – “Don’ts”



Skilled nursing **fables**. These are **NOT TRUE!**

- “As long as you document teaching, it is a billable visit.”
- “As long as you document assessment, it is a billable visit.”

Medical Necessity – “Don’ts”



The service must:

- Require the skills of a nurse or qualified therapist
 - Service is **NOT** skilled because it is performed by a nurse or qualified therapist
 - Service does **NOT** become unskilled because it is taught
- Be reasonable and necessary to treat patient’s illness or injury
 - Patient’s condition warrants the skilled care
 - **MUST BE evident in documentation**



Resources

Home Health Clinical Resources

CMS Hospice Benefit Policy Manual (Pub. 100-02, Chapter 7)

<http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf>

Medicare Benefit Policy Manual Chapter 7 - Home Health Services

Table of Contents
(Rev. 208, 05-11-15)

[Transmittals for Chapter 7](#)

10 - Home Health Prospective Payment System (HH PPS)

23

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Home Health Coverage Resources

http://www.cgsmedicare.com/hhh/coverage/Home_Health_Coverage_Guidelines.html

Home Health Coverage Guidelines

Medicare Benefit Policy Manual, (CMS Publication 100-02, Ch. 7) [PDF](#)

CMS Quick Reference Information: Home Health Services [PDF](#)

Medicare pays for care in a beneficiary's home, when qualifying criteria are met, and documented. It is essential for home health agencies to have a complete understanding of these criteria, as you have the right and responsibility, in collaboration with the physician, to decide if the beneficiary qualifies for your services. The agency then must understand what services are covered, and how to document these services. Refer to the following topics for more information:

- Qualifying Criteria for Home Health Services
 - Physician orders, Plan of Care and Certification
 - Face-to-Face (FTF) Encounter
 - Face-To-Face Encounter Calendar Quick Resource Tool
 - Homebound;
 - Intermittent, if Skilled Nurse; and
 - Medically Necessary and Reasonable

Medicare-Covered Home Health Services

- Defining "Visits"
- Foot Care under the Home Health Benefit

Additional Resources

- Advance Beneficiary Notice of Noncoverage (ABN)
- Expedited Determination Process

24

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Home Health Resources

Electronic Code of Federal Regulations: Title 42 CFR 424.22;
Requirements for home health services

- http://www.ecfr.gov/cgi-bin/retrieveECFR?gp=&SID=c86654e32a4f36f15d70fab390124c29&n=pt42.3.424&r=PART&ty=HTML#se42.3.424_122&rgn=div8

Subpart B—Certification and Plan Requirements

- §424.10 Purpose and scope.
- §424.11 General procedures.
- §424.13 Requirements for inpatient services of hospitals other than inpatient psychiatric facilities.
- §424.14 Requirements for inpatient services of inpatient psychiatric facilities.
- §424.15 Requirements for inpatient CAH services.
- §424.16 Timing of certification for individual admitted to a hospital before entitlement to Medicare benefits.
- §424.20 Requirements for posthospital SNF care.
- §424.22 Requirements for home health services.
- §424.24 Requirements for medical and other health services furnished by providers under Medicare Part B.
- §424.27 Requirements for comprehensive outpatient rehabilitation facility (CORF) services.

25

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

CGS HH&H Website: Educational Materials

<http://www.cgsmedicare.com/hhh/education/materials/index.html>

Educational Materials & Resources

Home Health and Hospice Education

- Adjustments/Cancelations
 - Limitation on Recoupment (935)
- Checking Eligibility
- Comprehensive Error Rate Testing (CERT) Program
- Fiscal Intermediary Standard System (FISS) Guide
- Medicare Secondary Payer (MSP)
 - Submitting MSP Claims and Adjustments
 - Medicare Secondary Payer (MSP) Billing and Adjustments [PDF](#) Quick Resource Tool
 - Medicare Secondary Payer (MSP) Online Tool
- Resources for the Most Common Home

Home Health Education

- Claims Processing and Reimbursement for Home Health Supplies
- Home Health Claims Filing and Special Claims Filing Situations
- Home Health Coverage Guidelines
- Home Health Quick Resource Tools
- Resolving Rejected Home Health Claims Caused by Billing Errors
- Medicare Learning Network Home Health Prospective Payment System Fact Sheet [PDF](#)
- Medicare Learning Network Quick Reference Information: Home Health Services [PDF](#)

Hospice Education

- Change Request 8877
- Hospice Claims Filing and Special Claims Filing Situations
- Hospice Coverage Guidelines
- Hospice Quick Resource Tools
- Hospice Sequential Billing
- Medicare Learning Network Hospice Payment System Fact Sheet [PDF](#)

26

January 26, 2018

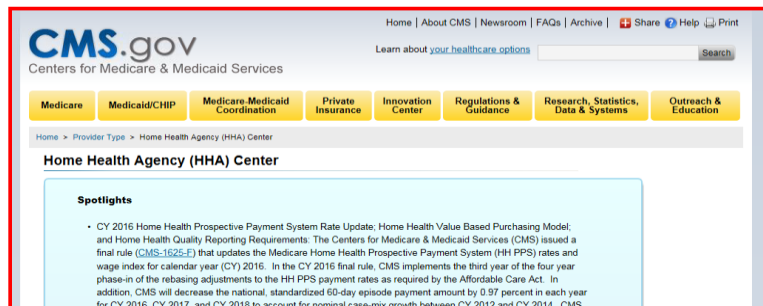
© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

CMS Home Health Agency Center

<http://www.cms.gov/Center/Provider-Type/Home-Health-Agency-HHA-Center.html>

- Spotlights current events & hot topics
- Provides information regarding Open Door Forums (ODF)



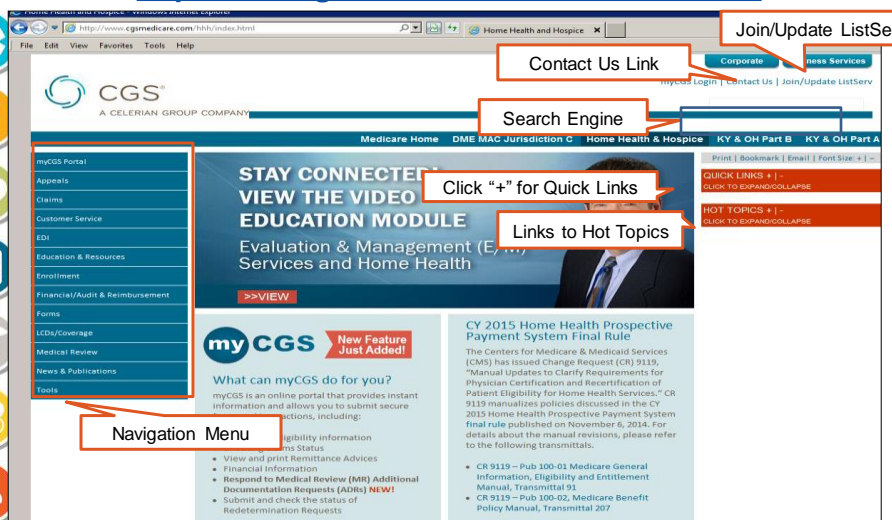
27

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

CGS HH&H Website

<http://www.cgsmedicare.com/hhh/index.html>



28

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

CGS HH&H Website: Education & Resources

<http://www.cgsmedicare.com/hhh/education/index.html>

29 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

CGS HH&H Website: News & Publications

<http://www.cgsmedicare.com/hhh/pubs/index.html>

30 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Questions?



CGS Provider Contact Center: 1.877.299.4500

Option 1: Customer Service

Twitter: <http://www.twitter.com/hhhcgs>

Facebook: <http://www.facebook.com/hhhcgs>

pt mostly lays on his side, does have a red pink spot about 5cm sized at the top of his arm crack (couldn't think of proper word, terminology for that body part)

HISTORY OF PRESENT ILLNESS: This is a 69-year-old born by the ambulance people from home. She is here breath at home. The ambulance people were called. "T1 skintomy at 61%". She is normally on oxygen at 3L and

Blabberca

Dx: Fx Humorous

Bruciti's

Fx AEFuBLum

PIT PER QUAGA CHECK.

3. Right brain tumor in her right eye.

ADMITTING DIAGNOSIS: SICK PERSON

NOTES: had surgery on the wrist - 2 metal plate

Sub-taylor joint

He felt so weak that he missteated to sit on the couch and slipped to the bottom and hit the floor.

Diagnosis/Problem: The Ambulated from Gort

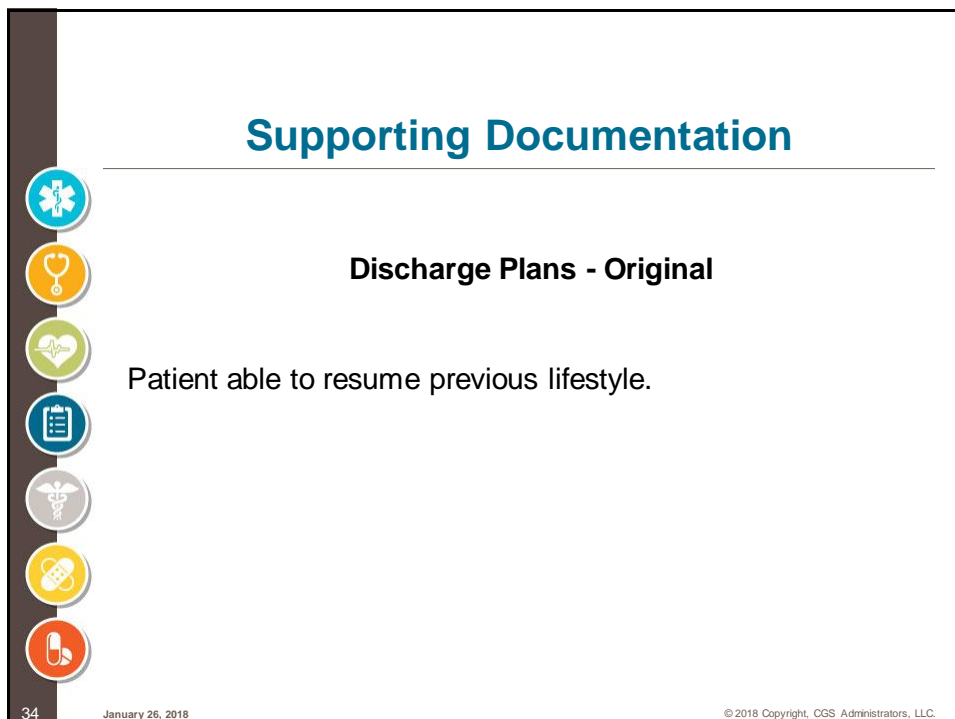
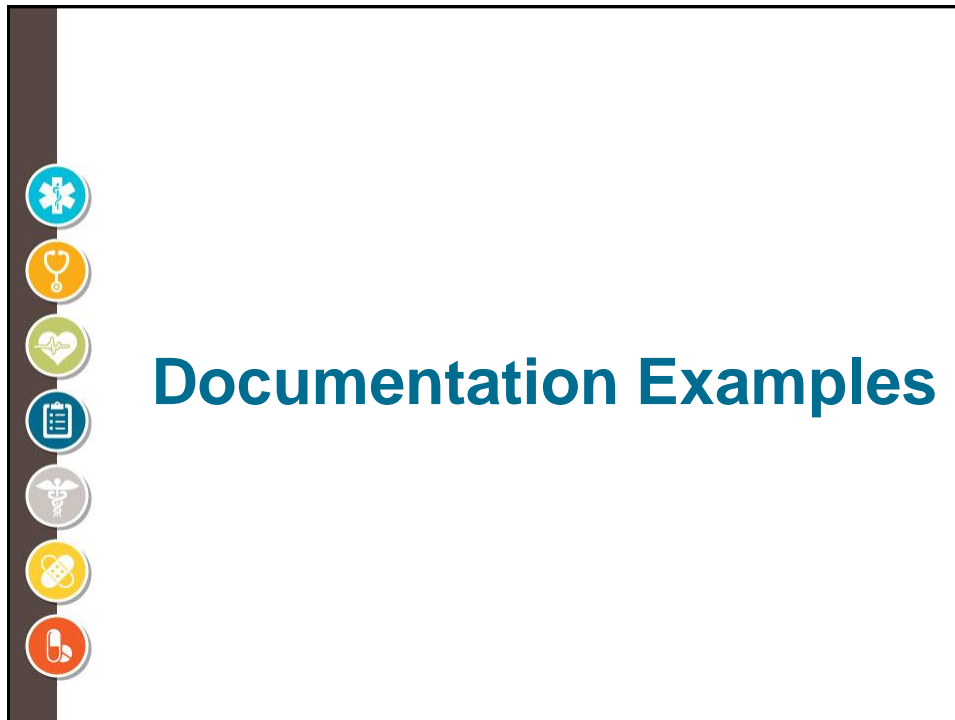
PHEMONIA

SCIATICA SECONDARY TO CONSTIPATION

FEMOUR FX

REASON FOR VISIT/SYMPTOMS: POLYARTHRITIS, CABBAGE

DIRECTIONS: THIS PATIENT FELL WHILE TRYING TO HIT HER HUSBAND WITH HER WALKER.



Supporting Documentation

Discharge Plans - Better

Patient able to resume independent level of care and live alone in private home instead of needing 24/7 caregiver. Patient able to resume previous lifestyle of doing own housework and laundry. Patient able to drive self to activities and appointments. Patient able to enjoy gardening and traveling.

35

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Supporting Documentation

Original

M1240 – Has this patient had a formal pain assessment using a standardized, validated pain assessment tool?

Yes, and it indicates severe pain

M1242

Present pain: 4

Change in pain: No

Had knee replacement two days prior

36

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Supporting Documentation



Better



M1240 – Has this patient had a formal pain assessment using a standardized, validated pain assessment tool?



Yes, and it indicates severe pain



M1242



Present pain: 8



Change in pain: Yes



Had knee replacement two days prior

37

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Supporting Documentation



Original



She is no longer able to drive. Taxing effort to leave home and requires a cane and another person to do so.



38

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Supporting Documentation



Better

She is no longer able to drive due to weakness and slow reflexes. Taxing effort to leave home and requires a cane and another person for stand by assist and assistance with doors, etc. to do so.

Supporting Documentation



Original

She is able to drive to appointments and grocery store only because there is no one else to take her.

Supporting Documentation



Original

She is able to drive to appointments and grocery store only because there is no one else to take her. Patient is not considered homebound.

Supporting Documentation



Original

The patient is not safe to drive due to her multiple medical problems and history of several automobile accidents in recent months. She cannot obtain reliable transportation.

In her current condition, she becomes significantly short of breath with even minimal physical activity. This makes travel outside the house very difficult and taxing.

Supporting Documentation

Better

The patient is not safe to drive due to her multiple medical problems and history of several automobile accidents in recent months. She cannot obtain reliable transportation due to the rural area in which she lives.

In her current condition, she becomes significantly short of breath with even minimal physical activity such as walking 10 feet or less. She is unable to navigate stairs. This makes travel outside the house very difficult and taxing.

43

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

General

Value and Tx.	Home Health Aide to Assist with A
Section #2	
der n	il nurse
wife	n with
ets	nts wid
it wa	ondition
th c	ip la
Ex	ry home
ling	occupation
be	iple
at	
al findings that support the patient's eligibility for home he.	

44

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Family Comments



Better



Patient has increased pain when walking on right foot as reported by her daughter, who lives with the patient as her caregiver.



45

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Homebound



Original



Update: In the past 60 days, the patient has not had any hospitalizations or falls. The patient has completed her PT and is enjoying stable health at this time. The patient's medications have not changed in the past 60 days. The patient/caregiver is satisfied with our services and is requesting that their services continue.



46

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Homebound



Better

Patient discharged after meeting therapy goals. Home Exercise Plan (HEP) understood and demonstrated. Medication regime is unchanged and understood by patient.

47

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Multiple Concerns



Original:

(Name) unable to walk with FWW more than 10 feet without needing to rest due to SOB. Lives with elderly spouse. Newly diagnosed diabetic with expected medication changes before glucose levels remain stabile. Poor short term memory. Patient very thin and frail due to poor nutrition.

48

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Multiple Concerns



Better

(Name) unable to walk with FWW more than 10 feet without needing to rest due to SOB. Lives with elderly spouse with own health concerns. Newly diagnosed diabetic with expected medication changes before glucose levels remain stable. Poor short term memory. Patient very thin and frail due to poor nutrition.

Contacted physician to report current situation. Physician will talk with patient and spouse to recommend assisted living facility. Son of patient contacted (permission to speak with son information in patient's file from original intake).

Progression



Great:

Patient denies fall, but has bruises on elbows and knees with slight abrasions. More shaky today with standing. Patient unable to demonstrate filling insulin syringes after 2 prior teachings. Called physical therapist to relay today's findings. Educated patient on correct filling of insulin syringes. Patient able to fill syringe correctly.

2 visits later

Patient's family has removed all throw rugs in house. Able to stand unassisted. Patient successfully demonstrated correct procedure to fill syringes and administer insulin.

Activities of Daily Living



Original:



M1810 Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance.



M1820 Able to obtain, put on, and remove clothing without assistance.



M1830 Able to bathe self in shower or tub independently, including getting in and out of tub/shower.



M1840 Able to get to and from the toilet and transfer independently with or without a device.



M1850 Able to independently transfer



M1860 Able to independently walk on even and uneven surfaces and negotiate stairs with or without railings

Homebound

Activities of Daily Living



Better:



M1810 Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance.



M1820 Able to obtain, put on, and remove clothing without assistance.



M1830 Able to bathe self in shower or tub independently, including getting in and out of tub/shower.



M1840 Able to get to and from the toilet and transfer independently with or without a device.



M1850 Able to independently transfer



M1860 Able to independently walk on even and uneven surfaces and negotiate stairs with or without railings

NOT Homebound

Changes



Good!!



Patient appeared more tired than usual. Did not answer door herself.



Only ate half of breakfast aide prepared for her.



New wound noted on buttocks. Reported to nurse



53

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Outings



Good!



Patient said her daughter took her to her grandson's birthday party on Tuesday. Hasn't been able to watch her favorite TV shows without falling asleep since then.



54

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Be Observant



Mr. Smith had not changed his clothes since the last time I was here. Didn't want to talk. His dog is at his son's house.

Therapy



Good!!



PT Summary of Care



Patient started physical therapy on (date) due to a TKA.



On her initial evaluation her ROM measured 12 degrees extension and 70 degrees flexion. Pain was 8/10 at worst and gait was limited to 150' with 3WW.



Upon discharge from home health services, patient's ROM measured 4 degrees extension and 103 degrees flexion. She was ambulating x 250' without an AD with SBA. Her pain was persistent throughout her plan of care and remained 8/10 at worst at discharge.



Patient remained in her home as it was difficult and taxing to leave her home for treatment due to knee stiffness, weakness, and persistent pain.



Therapy



Good!



Documented clinical findings included muscular atrophy, frailty, weakness in all extremities and mild cognitive impairment. The FTF also attested to (name's) homebound status and cited her need for an assistive device and the assistance of another to leave home.

Dr. (name) noted (name) was having issues with balance, poor strength/endurance, a declining ability to perform ADLs (activities of daily living), bilateral lower extremity (BLE) weakness, fear of falls, pain all over, and edema to BLE. She needed a home safety evaluation. Notably, (name) also had problems with hypertension, fibromyalgia, post-polio syndrome, weakness, and limited mobility.

Therapy



Original



PT

Patient very confused today and hard to keep on task.

Therapy



Better



PT

Patient more confused today than usual. Did not recognize this therapist today, even though she usually calls therapist by name. Could not follow simple commands such as getting up out of her chair without repeated instructions. Became easily distracted by people walking past her door.



This behavior is unusual for this patient. Usually alert and oriented. Will report to nurse.

59

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Excellent!



Patient requires frequent rest breaks after 50-60' and then 2-3 hours to recover after outings



Patient requires supervision and frequent rest breaks with ambulation due to CHF and gait instability after 70-80 feet and then 2-3 hours to recover after extended outings



Patient requires frequent rest breaks due to CHF after 50-60' and supervision due to gait instability to leave home, then 2-3 hours to recover after outings



Considerable and taxing effort to leave home, taking 1-2 hours to recover due to decreased independence with gait transfers and balance.

60

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy

Original:

Goal: Patient will ambulate 300 feet x 2 with walker and SBA x 2 on various surfaces

61

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy

Better

Goal: Patient will ambulate 300 feet x 2 with walker and SBA of two people on various surfaces, such as linoleum, carpeting, sidewalk and gravel driveway

62

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Original



February 18th



Patient's family cancelled the therapy appointment due to falling twice in the last 24 hours. Patient was rescheduled for Monday the 23rd.



63

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Better



February 18th



Patient's family cancelled the therapy appointment due to falling twice in the last 24 hours. Nurse advised family that she needed to see patient this morning to check for injuries. Appointment set for 9:00 this morning to see patient. Will call physician to report after examination.



64

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Original



Patient called and cancelled appointment because his bike broke down yesterday and he had to walk it home for a very long distance.

Happened more than once!

Therapy



Better



Patient discharged. Able to ride bicycle and ambulate for long distances.

Therapy

Original

Patient requires frequent rest periods to decrease SOB.
Fatigues quickly.

67

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy

Better:

Patient requires frequent rest periods to decrease SOB.
Fatigues quickly after ambulating 10 feet to the point she
must sit to rest to regain regular breathing. Able to resume
ambulation only after 5-10 minutes of rest.

68

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Original

Patient lives alone.

Patient unable to ambulate without assist of at least one person.

69

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Better

Patient recently moved to assisted living until able to return to private home. Unable to ambulate without assist of at least one person.

70

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Therapy



Good:

Initial Finding: Patient able to gait train 0' feet with max assistance in transfers and FWW for balance and stability

Goal: To gait train 600 feet with or without AD and independent transfers on level/uneven surfaces to allow patient to get into and out of doctor office and exit home in case of emergency.

71

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Original

Patient reported she doesn't understand why she needs to do therapy. She doesn't want to walk around. Lacks ability to stand independently. Patient lives temporarily with sister. She is frustrated she isn't able to go back to her home immediately.

72

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Better



Patient reported she doesn't understand why she needs to do therapy. She doesn't want to walk around. Lacks ability to stand independently. Patient lives temporarily with sister. She is frustrated she isn't able to go back to her home immediately.

Included sister in training. Demonstrated to patient what therapy will help her do. HEP initiated. Patient agreed to try it. Short term goals set in place for patient to see progress.

Therapy



Original



Facility nurse (name) requested in service for facility staff for transfer training. Will coordinate with OT to schedule. Patient scheduled for PT discharge next week, but will be extended.

Therapy



Better

Facility nurse (name) requested in service for facility staff for transfer training. Informed facility nurse that Medicare does not cover training of facility staff.

75

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Original

Patient is able to ambulate and transfer, but it is a taxing effort. Patient is able to do most ADLs, but accepts help if available.

76

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Therapy



Better



Patient is able to ambulate and transfer, but it is a taxing effort. Patient is able to do most ADLs, but accepts help if available.



HEP plan has been in place for patient to increase strength and confidence without skilled services. Patient understands and agrees with HEP.



Therapy



Original



(Name) sitting at table upon arrival. She had HEP in front of her and stated she had just completed exercises. Was able to verbalize correctly everything she had done. No sign of SOB. Patient denied pain.



Therapy



Better



(Name) sitting at table upon arrival. She had HEP in front of her and stated she had just completed exercises. Was able to verbalize correctly everything she had done. No sign of SOB. Patient denied pain.



This therapist requested patient repeat HEP. Patient was able to verbalize what should be done, but was unable to physically perform the exercises. Was out of breath after 5 minutes and complained of pain at 5 out of 10.



Adjusted HEP to a more gradual increase in activity. Patient able to perform at new level and understood how to increase activity in a safe manner.



79

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Original:



Goal: Patient will be able to ambulate 900 feet on even and uneven surfaces without assistive device. Patient will be able to climb 50+ steps without unsteadiness or shortness of breath.



Patient is 88 years old.



80

January 26, 2018

© 2018 Copyright, CGS Administrators, LLC.

Therapy



Better:



Goal: Patient will be able to ambulate 900 feet on even and uneven surfaces without assistive device. Patient will be able to climb 50+ steps without unsteadiness or shortness of breath.

Patient is 88 years old and active. Wants to be able to continue attending college football games as he has done for the past 60 years.



Resources

Home Health Coverage Resources

CMS "Medicare Benefit Policy Manual" (CMS **Pub. 100-02**)
Chapter 7; Home Health

- <http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c07.pdf>

Medicare Benefit Policy Manual
Chapter 7 - Home Health Services

(Rev. 208, 05-11-15)

83 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

Home Health Coverage Resources

http://www.cgsmedicare.com/hhh/coverage/Home_Health_Coverage_Guidelines.html

Home Health Coverage Guidelines

Medicare Benefit Policy Manual, (CMS Publication 100-02, Ch. 7) PDF

CMS Quick Reference Information: Home Health Services **PDF**

Medicare pays for care in a beneficiary's home, when qualifying criteria are met, and documented. It is essential for home health agency complete understanding of these criteria, as you have the right and responsibility, in collaboration with the physician, to decide if the beneficiary qualifies for your services. The agency then must understand what services are covered, and how to document these services. Refer to the topics for more information:

- Qualifying Criteria for Home Health Services
 - Physician orders, Plan of Care and Certification
 - Face-to-Face (FTF) Encounter
 - Face-To-Face Encounter Calendar Quick Resource Tool
 - Homebound;
 - Intermittent, if Skilled Nurse; and
 - Medically Necessary and Reasonable

Medicare-Covered Home Health Services	Additional Resources
• Define "Visits"	• Advance Beneficiary Notice of Noncoverage (ABN)

84 January 26, 2018 © 2018 Copyright, CGS Administrators, LLC.

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Quick Resource Tools (QRT)

http://www.cgsmedicare.com/hhh/education/materials/hh_qrt.html

Home Health Quick Resource Tools

General	Billing	Clinical
<ul style="list-style-type: none"> • Face-To-Face (FTF) Encounters for Home Health Certification PDF • Home Health 60-Day Episode Calendar Schedule PDF • Home Health 60-Day Episode: 2016 Calendar Schedule PDF • Medical Review Additional Development Request (MR ADR) Tool PDF • Success with Medical Record Requests PDF • Understanding Home Health Prospective Payment System (HH PPS) Health Insurance Prospective Payment System (HIPPS) Code Changes <ul style="list-style-type: none"> ◦ For "through" dates prior to 1/1/2015 PDF ◦ For "through" dates on or after 1/1/2015 and prior to 1/1/2016 PDF ◦ For "through" dates on or after 1/1/2016 and prior to 1/1/2017 PDF ◦ For "through" dates on or after 1/1/2017 PDF 	<ul style="list-style-type: none"> • Avoiding Billing Errors Caused By Overlapping Home Health Episodes PDF • Avoiding Reason Code 38107 PDF • Demand Billing Information Sheet for Home Health Providers PDF • ELGA and ELGH Overview of Key Fields PDF • Home Health Medicare Billing Codes Sheet PDF • Home Health Pre-Claim Review (PCR) Demonstration Fact Sheet - Temporarily Unavailable • Medicare Resources for New Billers PDF • Medicare Secondary Payer (MSP) Billing & Adjustments PDF • Ordering/Referring Checklist for Home Health Agencies PDF • Special Billing Situations Under HH PPS PDF • Treatment Authorization Code Structure PDF 	<ul style="list-style-type: none"> • 2016 Leap Year Home Health Face-To-Face Encounter Calendar PDF • Advance Beneficiary Notice (ABN) vs Home Health Change of Care Notice (HHCN) PDF • Face-To-Face Encounter Calendar PDF • Home Health Qualifying Criteria for Intermittent Care PDF • Home Health Wound Care Flow Sheet PDF • Medicare Resources for New Clinicians PDF • Signature Guidelines for Home Health & Hospice Medical Review PDF • Home Health Denial Fact Sheets <ul style="list-style-type: none"> ◦ 5HC01 – Missing / Incomplete / Untimely Face-To-Face Encounter PDF ◦ 5HH01 – Homebound status PDF ◦ 5HN01 – Medical necessity PDF ◦ 5HS01 – No OASIS PDF ◦ Denial Reason: Missing/Incomplete/ Untimely Plan of Care or Certification PDF

Updated: 01.09.17

Homebound Criteria

http://www.cgsmedicare.com/hhh/coverage/HH_Coverage_Guidelines/1C.html

Homebound

Medicare Benefit Policy Manual (CMS Pub. 100-02, Ch. 7 §30.1, §30.1.1) [PDF](#)

One of Medicare's qualifying criteria for home health care is that the beneficiary is homebound and that the physician certifies that he or she believes the beneficiary is homebound. The beneficiary shall be considered homebound if the following two criteria are met.

Criteria-One:

The beneficiary must either:

- Because of illness or injury, need the aid of supportive devices such as crutches, canes, wheelchairs, and walkers; the use of special transportation; the assistance of another person in order to leave their place of residence
- OR
- Have a condition such that leaving his or her home is medically contraindicated.

Criteria-Two:

- There must exist a normal inability to leave home:

Disclaimer: This resource is not a legal document. Any regulations, policies, and/or guidelines cited in this publication are subject to change without notice. Although every reasonable effort has been made to assure accurate information, responsibility for correct claims submission lies with the provider of services. Current Medicare regulations can be found on the CMS website, <http://www.cms.gov>. Reproduction of this material for profit is prohibited. CPT codes, related data © 2017 AMA. ICD-10-CM codes, descriptors © 2017.

Resources

<http://www.cgsmedicare.com/hhh/education/faqs/index.html>

Frequently Asked Questions (FAQs)

- Additional Development Request (ADR)/Medical Review
- Adjustments/Cancel
- Appeals
- Ask-the-Contractor Teleconference (ACT) Questions and Answers
- Beneficiary Eligibility Information
- Checking Claim Status
- Comprehensive Error Rate Testing (CERT) Program
- Cost Report
- Cost Report Reopening
- EDI
- Home Health Billing
- Home Health Clinical – Medical Review
- Hospice Billing
 - Change Request 8358
 - Change Request 8877
 - Change Request 8877: Updates from CGS on Timely Filing of NOEs and Exception Requests Ask-the-Contractor Teleconference (ACT), February 18, 2015
 - Change Request 8877 Ask-the-Contractor Teleconference (ACT), September 24, 2014
- Hospice Clinical
- Hospice Face-to-Face (FTF) Encounters
- Hospice Physician Billing
- ICD-10-CM/PCS
- Medicare Secondary Payer (MSP)

Questions?

CGS Provider Contact Center: 1.877.299.4500

Option 1: Customer Service

Option 2: Electronic Data Interchange (EDI)

Option 3: Provider Enrollment

Option 4: Overpayment Recovery (OPR)

Twitter: <http://www.twitter.com/hhhcgs>

Facebook: <http://www.facebook.com/hhhcgs>